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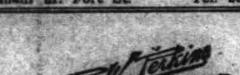
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will be contract labor; that is, so next steamer to the coast. much per ton will be paid for cutting | The meeting last evening was well and so much a ton for loading.

HEADACHY, COSTIVE, BILIOUS, -- "CASCARETS"

Stomach, mean Liver and Bowels are clogged-Cheer up!

ess, coated tongue, foul taste and ganization.

in the bowels or sour, gassy stomwhen this poison reaches the delicate brain tissue it causes congestion and that dull, throbbing, sick-

ening headache. Cascarets immediately cleanse and regulate the stomach, remove the sour, undigested and fermenting food and foul gases, take the excess bile from the liver and carry out all the 8. Kellinoi, Mgr.; Tel. 4795 constipated waste matter and poisons

the cup has been to the lip.

## UNIQUE GATHERING AT KAWAIAHAO RAYMOND MAKES CHURCH SHEDS LIGHT ON WORK OF SUGGESTIONS TO SIGHTS RELIEF MISSIONARIES AT HOME AND ABROAD SCHOOL TEACHERS

in the cane fields. Spencer Bowen, missionaries, representatives of the monia in Shanghai and died. manager of the charities, says that American Board of Foreign Missions, "Hawaii is a land where the races The following is taken from the he will have no trouble in securing which arrived yesterday morning en- of the earth live in peace and hardetter: The communication to the charities first American mission in India.

intimated that those who are sent by and Dr. William E. Strong, left for the history of foreign missions," said Dr. and earnest school spirit. the charities may be assured of steady mainland in the Manchurta this morn. Scudder. employment. According to Mr. Bow- ing. The misses bridgman and Boden, the work on the sugar plantation man will remain in Honolulu until the the meeting was scripture reading in er, and each pupil a good housekeep-

attended, and was followed by a de-Statistics show that now the chari- lightfully informal reception. Greetties has in the neighborhood of 200 ings were exchanged and interesting Rev. G. A. Hall and Dr. William E. ter can each of your teachers show? persons dependent upon it, both for conversations brought out the details Strong, the latter editor of the Mis. Is each register neat, in ink, comfood and employment. Many of the of the great mission work now being sionary Herald. Their remarks were plete, and free from inaccuracies? men who will be placed on the plan- carried on at home and abroad. F. J. Lighly interesting, and both dealt with tation have large families and, as they Lowrey, vice-president of the Hawaiwill take their families with them ian Board of Missions, acted as mod- has made in the Far East during the when they leave for the other side, it erator and introduced the speakers. past several years, as well as the great will mean that this number of de The meeting was opened with an or work which American foreign are acpendents will be greatly reduced. | gan selection by A. B. Ingall, which, complishing. being followed by an invocation by Rev. H. H. Parker, pastor of Kawaia hao, who spoke in Hawaiian, With a few appropriate words, Mr. Lowrey that all the races of the earth are get-Richards spoke in behalf of the Wo- gether?" man's Board. Her remarks were time. The singing of the doxology by the

torpid liver, delayed fermenting food Scudder spoke of the life and work of ering.

The present unemployed situation A gathering which was both inter the late Dr. Samuel B. Capen, who George S. Raymond, inspector-genmaterially was relieved this morning esting and unique was held in Kawai- perhaps was the most prominent lay- eral of the department of public inwhen the Associated Charities receiv. that church last evening when local man in the United States. Doctor struction, is sending out a circular ed a communication from a planta- mission workers of half a dozen na- Capen headed the delegation which letter to all supervising principals and tion near Hauula to the effect that tionalities met to welcome to Hono left Boston for India in September. In teachers in the public schools in 40 men at once could be given work lulu the delogation of eight American January he was stricken with pneu- which he makes numerous sugges-

the necessary men, and the first de- route to the mainland after nearly a mony, and it seems absolutely absurd "The spirit in your schools is an tachment, with their families, will year spent in the Orient, during which that these isles of Peace in an ocean essential prerequisite and it is felt leave for the windward side tomorrow time the members attended the cen- of Peace should be made the center of rather than seen. This essential tenary of the establishment of the such warlike preparations. Doctor means harmony, good will, team work, further states that the men will be With the exception of Mrs. C. P. efficiency as president of the Ameri-school atmosphere is a resultant from given employment for at least three Bodman and Miss A. C. Bridgman, the can Board of Foreign Missions and this fraternal spirit of earnest and months, after which time they will members of the party, including Mrs. had made it impossible for any future faithful work. Is your resultant 100 have ample opportunity to secure Samuel B. Capen, Miss Capen, Miss incumbent to be a mere figurehead. per cent? Ninth inning enthusiasm work in the pineapple fields. It is C. M. Hall, Rev. G. A. Hall, Mrs. Hall His work has created a ned era in the is not to be mistaken for continuous

several languages. Reverend Okamu- er? ra spoke in Japanese, Reverend Lo in Chinese, Reverend Soares in Portuguese and Dr. Parker in Hawaiian.

welcomed the visitors on behalf of the ting to know one another, is: How slick Headacke, Bad Breath, Sour Hawaiian Board, while Mrs. Theodoro shall all the sons of man dwell to-

ly, and she laid stress on the fact that, congregation, and of Hawaii Ponoi, next June, the Woman's Board will led by the Kamehameha chorus, Sick headache, billiousness, dizzi- observe the 43rd anniversary of its or- brought the meeting to a close, after which a reception was held, which was foul breath-always trace them to In a touching address, Dr. Doremus in the form of a "get-acquaintod" gath-

# Poisonous matter clogged in the intestines, instead of being cast out of the system is re-absorbed into the

[Special Star-Bulletin Correspondence] tempted at Schoffeld Barracks.

Everywhere

Praise Lydia E. Pinkham's Vegetable Compound

of this great country, no city so large, no village so small

but that some woman has written words of thanks for

health restored by Lydia E. Pinkham's Vegetable Com-

pound. No woman who is suffering from the ills peculiar

to her sex should rest until she has given this famous remedy

a trial. Is it not reasonable to believe that what it did for

on the Pacific Coast.

called Nervous Prostration, was treated by them for several years,

would be better for a while then back in the old way again. I had

palpitation of the heart very bad, fainting spells, and was so nervous that a spoon dropping to the floor would nearly kill me, could not lift the lightest weight without making me sick; in fact was about as

sick and miserable as a person could be. I saw your medicines ad-

vertised and thought I would try them, and am so thankful I did for

they helped me at once. I took about a dozen bottles of Lydia E. Pinkham's Vegetable Compound and also used the Sanative Wash.

Since then I have used them whenever I felt sick. Your remedies are the only doctor I employ. You are at liberty to publish this let-

A Grateful Atlantic Coast Woman.

tell what Lydia E. Pinkham's Vegetable Compound did for me. One

year ago I found myself a terrible sufferer. I had pains in both sides

and such a soreness I could scarcely straighten up at times. My

back ached, I had no appetite and was so nervous I could not sleep, then I would be so tired mornings that I could scarcely get around.

It seemed almost impossible to move or do a bit of work and I

thought I never would be any better until I submitted to an opera-

tion. I commenced taking Lydia E. Pinkham's Vegetable Compound

Hopgpon, Mr.-"I feel it a duty I owe to all suffering women to

INDEPENDENCE, OREGON.-"I was sick with what four doctors

these women it will do for any sick woman?

ter."-Mrs. W. Stephenson, Independence, Oregon.

Wonderful Case of Mrs. Stephenson,

Women from the Atlantic to the Pacific, from all sections

committee in charge of the big county the crowds from town, with special many questions or few? Was skill trains and the lowest possible excurshown in guiding the thought of the fair to be given May 6 and 8 in and sion rate. Applications have been re-pupils along the correct lines? Was A Cascaret tonight will surely around the beautiful shady yard of ceived from nearly all the important judgment shown in assigning the next sents for Flying Merkel and De straighten you out by morning. They Colonel McGunnegle's quarters. The firms in Honolulu for space for their lesson? How was the drilling to fix work while you sleep—a 10-cent box committee with Captain Scherer at its exhibits. There will be a dance hall principles and facts conducted? Was from your druggist means your head head drew up the general plans of the and five bands, the four regimental the drilling sharp, rapid, and incisive? clear, stomach sweet and your liver fair grounds, decided a great many bands and the Royal Hawsilan Band, The proper length and at the proper and bowels regular for months. - ad- questions regarding the arrangements the members of which will be guests The proper length and at the proper to be made and assigned to nearly of the Schofield musicians. There will time? Is arithmetic at a time when every officer of the garrison some duty be a small general admission charged the 'waves of fatigue' are at the high-But many a slip occurs soon after in connection therewith. It will be to enter the fair grounds, which will the biggest affair of this kind ever at include free admission to all the exhibits and to the circus in the afternoon and vaudeville performance in the evening. In addition to the many booths for selling candy, pop corn, hot corn on the cob, hot dogs, lemonade and every other kind of county fair refreshment there will be a modcafe chantante with the best things to eat and the best cabarat this side of Broadway. For the use of anywho wants to make himself solid any of the high personages coming to the fair, a country band will be for hire for serenade purposes. The band will be entirely made up of army officers and can be hired entire or by

and of course some incubator babies. culinary expert of the army. A few things they undertake? years ago he was ordered with his field bakery to the maneuvers at Des Moines. His train arrived at 8:00 p. m. with men and implements. At 5:00 a. m. the next morning he had 1000 loaves of bread ready for distribution to the troops. 'An officer well known Are any of your schools fit for quarthroughout the army for his wit will take the part of justice of the peace and will be assisted in keeping the law by a squad of country constables.

The days set aside for the fair will be a holiday for all at Schofield, and everyone from Honolulu and the other army posts will be made welcome. Every officer is expected to invite some officer from another post or friend in town, and arrangements are being made for each company, troop PEOPLE IN HONOLULU tion from another post. The 2d Infantry is expected to be here on its hike

May 6 will be officers' day and from the wives of the non-commis- Company.-advertisement. sioned officers.

be opened at 2:00 p. m. and will not for the fair. be closed until all are too tired to furthe officers and the University Club, the end of the fair will be given to

and on May 8 between a picked team the Army Relief Society. from the four regiments at Schofield Barracks and the best team that Hopark is less than 100 yards from Col. it ends after the last quarter is reachonel McGunnegle's quarters and it is ed."

tions in regard to their work.

Capen set a new highwater mark of good order and system from all. The

"How is the housekeeping at your One of the interesting features of school? Is each principal, each teach-

"How is each attendance recordwhat room is keeping the school record low? The average for the terri-For the visitors the speakers were tory is 92 per cent. How much bet-

"How is the written work corrected ant test of the teacher's efficiency in getting results from the pupils.

"Preparation. No work is ever well done that is not carefully planned. Does each plan book contain a timetable? How are the daily lesson plans being written? Do they show subject-matter carefully detailed with an aim and purpose and a correlation with the previous day's work? Do your teachers write a plan feeling that it is a departmental task, a waste of time, or to oblige some authority? Or do they feel the need of such a directing force and such an assistance? Are those daily plans the result of thought or the product of mechanical repetition?

"The Recitation. This is the place where the teacher is put to the test of teaching, testing and drilling the pupils. Are the recitations thoughtprovoking? Is the subject-matter of value or do you question it all? How was the method used? Was it appropriate to the subject-matter? Was the teaching thoughtful and was the lesson developed fully? Was it well il-lustrated? Was the blackboard or material of any sort used? Was the SCHOFIELD BARRACKS, Apr. 16. The railroad company has promised testing successful in getting the pupils A meeting was held last night by the to use every available car to transport, to do a large share of the work? By

"How about the pupils' habits of study? Are the pupils memorizing or are they developing mentally? Are the pupils working on real, vital problems in which they take an interest or is school work flat, stale, desultory and unprofitable? If the school work is not vital and full of interest, what is the matter? Hardly with the pupils, unless the moral condition in the community is very bad.

"Are your teachers in a rut, doing perfunctory, routine work? Are the pupils entering the higher grades well prepared? Is promotion for no better reason than that pupils have been in school a year?

"The pupils are forming habits in school that they will find of more im-Another feature will be the Midway, portance than acquiring knowledge. with snake charmers, fire-eaters, wild What kind of habits are your pupils men, fortune tellers, an aquarium, forming? Are you inculcating prinamusements and freaks of all kinds ciples of service, courtesy, respect, work, system, and self-control in your An army kitchen will be established pupils? Are your pupils learning how by Capt. Holbrook with improvised to use library books so as to appreovens and ranges, and prepared to feed clate the value of good literature? 4000 people. Captain Holbrook is the Are they learning to do well those

"You are the school doctor. You must diagnose each individual school disease, fracture, or trouble and find the seat of the poor efficiency and prescribe a better way. Your duty is to keep the school in good health.

"I am sending this letter to supervising principals and principals in the hope that it may be of service to them and their assistants. It indicates lines of investigation that you may well follow in your visits. Copies should be distributed to teachers and the many topics discussed freely and frankly on your tours and at your

ARE AMAZED

No medicine has ever caused such guests of the suffrage-seeking sex will amazement in Honolulu as the simple be made welcome in the large front mixture of buckthorn bark, glycerine, room and lanai of Colonel McGun- etc. known as Adler-i-ka. This remnegle's quarters, which will be so dec- edy drains such surprising amounts of orated as to have all the appearances foul matter from the body that it is of a Japanese garden. Here they will known as the most thorough bowel be received by the wives of the col- cleanser sold. Adler-i-ka acts on onels and served with tea and refresh- BOTH the upper and lower bowel and ments. On soldiers' day, which will JUST ONE DOSE relieves constipabe May 8th, the tea garden will be tion and gas on the stomach almost under charge of a committee selected IMMEDIATELY. The Hollister Drug

On both these days the gates will hoped that it will be completed in time Schofield Barracks will keep open ther enjoy the sports and frivolities. house on May 6 and 8. Admissions Arrangements are now under way and all charges will be as low as posfor a baseball game on May 6 between sible. Any balance on the books at

"When does the honeymoon end?" nolulu can provide. The new baseball "Well, frequently, like the other moon.



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